

SILVERADO SENIOR LIVING

Beach Clean-Up Story

Residents from Silverado Senior Living, Newport Mesa headed to Balboa Beach for an afternoon Beach Clean-Up. In commemoration of National Assisted Living Week, the seniors wanted to give back to Mother Nature by picking up debris left behind at the beach. They took the opportunity to jump-start California's Coastal Clean-up Day coming up on Sept. 20th, with a trip to the beach near the Balboa Pier with plastic bags and lots of enthusiasm. "An hour of doing something of value such as cleaning up the beach can have a peaceful and therapeutic benefit for people who suffer from memory-impairing diseases, and besides that, it's good for our planet," said Jackie Jonovic, Director of Resident Engagement for Silverado's Newport Mesa community.

With the Silverado team cheering them on, the residents walked about a one-mile stretch, enjoying their assignment, surrounded by the harmonious sound of the waves crashing. Afterwards, the residents enjoyed a picnic with some seagull guests who decided to drop by. Everyone was all smiles to have had the opportunity to participate in the beach clean-up. "Who knows, we may go back on the actual Coastal Clean-up Day," said Jonovic. "We're happy we could engage our residents in something fun that also adds value. Anyone can make a difference if they have the desire to do so."



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